

# BHARATIYA GRAMEENA MAHILA SANGHA



## ANNUAL REPORT 2022-23

# BHARATIYA GRAMEENA MAHILA SANGHA

Karnataka Branch - 560037

The Bharatiya Grameen Mahila Sangh is a not-for-profit, non political and non sectarian National Organization, founded in 1955, with Branches in all states across India.

The Karnataka State Branch was founded in 1962 by Late Padma Bhushan Smt. Yashodhara Dasappa and Late Smt. C. Sharada. Bharatiya Grameena Mahila Sangha Bangalore completed its 61<sup>st</sup> year of operation this year.

The Primary goal of BGMS is the welfare and upliftment of Women, Children, aged and partially impaired.

## Office Bearers

1. Smt. Motamma	Chairperson
2. Smt. Bimba Raikar	President
3. Ms.. Nagarathna	Vice President
4. Ms. Ambika Narayan	Vice President
5. Smt. Prasanna Chandri	Secretary
6. Ms. Vijayalakshmi	Jt. Secretary
7. Smt.Ambika Jayaram	Treasurer
8. Smt. Jaya Gopalakrishna	Committee Member
9. Smt. Anatha Lakshmi	Committee Member
10. Smt. Kavitha Pramesh	Committee Member
11. Rithika Kandhari	Committee Member

## Projects

BGMS functions on a 5 acre premises leased by Govt of Karnataka and runs the following projects approved by Govt of Karnataka. The projects are monitored by Dept of Women and Child Welfare.

- Kanwashrama – Child Care Institution for children
- BGMS Sishukunj Vidhyalaya – Free English medium School
- Swadhar Gruha – Short stay facility for Women
- Counselling Centre
- Anandham – Old age home for women

All its projects functioned and progressed well during 2022-23. This report captures the main activities of the projects this year.

Message from the

## Secretary's desk

Dear Friends

Academic year and financial year 2022-23 has seen significant improvements in our infrastructure and amenities in all our projects. We have also enrolled more children in the school and have made efforts to improve learning outcomes. Short stay home and old age home continue to help women in need.

School ground has been cleared and leveled and made suitable for various games like Athletics, volleyball, Khokho, Kabaddi, throwball etc. Cluster level games were conducted by the Department of Education at our ground after this. Similarly indoor stadium has been repaired and made available for games like Table tennis and skating. Two classrooms have been provided with smart boards. Kitchen has been equipped with water softener and steam cooking boiler. Hostels have been connected to Solar power and a new water tank has been added.

28 students appeared for the SSLC exam with a pass percentage of 98%. We continue to engage the students in various activities and awareness programs apart from academics. Considering that low cost and good quality English medium education is the need of the hour for low income groups, we have decided to increase the strength of the students in the coming years. Towards this goal, construction of 6 new class rooms has been taken up.

As we complete the year with satisfaction, We are grateful to the donors for supporting our infrastructural and operation needs. It is with the support of our donors big and small that we are able to run all our projects and make plans for the future with confidence. The managers, teachers and staff have worked with dedication and have put in commendable efforts.

An institution that started 61 years ago, continues its march fulfilling its objectives to serve the women, children and the aged with renewed vigour as captured in the new byelaws towards earning the the trust of the donors, regulators and the society.

With Best Wishes

**Smt. Prasanna Chandri**

Secretary

## Aims and Objectives

The Primary goal of BGMS is the welfare and upliftment of Women, Children, aged and partially impaired.

- To provide Care, shelter, protection and overall development of children who are in need
- To educate children who are from disadvantaged/BPL family, who aspire to achieve something in life through education
- To provide shelter, protection and vocational training for distressed women
- To provide individual counseling for distressed and family counseling for broken family and relationship problems. To provide legal guidance and awareness if needed.
- To provide shelter, food, medical care and respectable living for elderly women, widows, orphan abandoned by the family.

## Child Care Institution - Kanwashrama

Kanwashrama provides a home like environment to the girls and boys. Housed in six cottages namely Parijatha, Savanthige, Sampige, Mallige, Gulabi, and Kamala, the inmates are given affectionate care by the house mothers. They help the inmates enjoy their study time, reading time, play time, entertainment and activity time with discipline and bonding.



The month April started with exams. Annual exams results announced for school children on 10<sup>th</sup> April 2022. SSLC Children wrote public exams from 28-3-22 to 11-4-23

With the permission of CWC children were sent home for summer break from April 12 to May 22. 23 children stayed back at BGMS.

### **Academics 22-23**

School started for children from May 22. Children attend BGMS Shishukunj Vidyalaya – English medium school within BGMS campus every day Monday to Saturday between 8:30 to 3:30.

A bridge class teacher was appointed to help children who needed special attention.

Spoken English classes conducted after school hours for BGMS CCI children by JSSF.

Pratham infotech Foundation under their e-education to all initiative appointed a full time teacher to teach computers and conducted classes for 5<sup>th</sup> and above as part of school syllabus

## Extra Curricular Activities

Bal Sabha conducted every Sunday morning where children are encouraged to exhibit their talents like public speaking. Singing, dancing, yoga etc.

Prayers in the morning before school and evening yoga, meditation followed by prayer were conducted regularly.

Many other activities like personality development, awareness program, entertainment, creative sessions, indoor and outdoor game training were provided with the help of school teachers, volunteers, corporate employees and other distinguished visitors. Some of the activities conducted are elaborated below.

### Awareness Programs:

Regular awareness programs conducted to make the children aware of their need, rights, develop personality, life skills and focused on overall development of the children.

Awareness programs Organized every month by various volunteer organizations and corporate employees. Some of the awareness programs were

Topic: Spirituality and Ethics in Daily Life (July)

Speaker: Hare Krishna Group



Awareness Program by Prasanna Chandri and Vijayalakshmi on 11<sup>th</sup> Nov 2022:

- Child Rights
- POCSO
- Child Marriage
- Child Labour.



Importance of cleanliness and garbage segregation by Infosys CSR Team on 17<sup>th</sup> Dec 2022

### **Medical Checkup**

Regular medical facilities and camps were conducted by various organizations.

- HAL hospital treats all BGMS inmates free of cost under their CSR
- Dr. Susheela Menon from Rotary Bangalore Indiranagar visited every Thursday
- Vaccination for all children above 12 years
- Eye screening camp by Shankara hospital was conducted on 20<sup>th</sup> June 2022
- Hearing camp conducted for children and other inmates. Camp was organized by Rtn. Adithya Agarwal of Rotary Disha.



Hearing test for children



Eye screening camp by Shankara hospital

### Festivals Celebrated

BGMS celebrated all major festivals. Festivals are the major attraction for children and an occasion to celebrate their culture. Festivals celebrated during the year were







Ganesh Chaturthi



An elaborate Kerala traditional lunch was served to all 300 students and inmates of BGMS



Dusherra and Depavali was celebrated

Independence day - Celebrated 75<sup>th</sup> Independence day . Mr. Jayaram Hoisted the Flag, Members of Rotary Bangalore Indiranagar, Members of Lios club Indiranagar and members of Seva Samithi attended the function.



- Celebrated Republic Day with dignitaries and a question answer session on constitution
- Celebrated Sankranthi

**Events:**

7<sup>th</sup> April 2022: Saibaba Pooja and New statue installation



## Other activities

Children celebrated international yoga day on 21<sup>st</sup> June 2022



An essay competition was held at women and child dept for all CCIs. Vignesh from BGMS secured 1<sup>st</sup> place in essay competition.



Drawing and painting





On the occasion of children's day painting, dance and essay and sports competitions were held at BGMS

Bala Sabha – Every Sunday between 10 TO 1pm



Old students visit BGMS on Sundays and participate in the Balasabha



Star watching

## Facilities Added:

The following facilities and equipments were added in 2022-23 with contribution from donors

- Installed Water softener
- Steam cooking Boiler installed
- Renovated school playground
- Created new children's play are
- Renovated indoor Stadium and opened for children's play
- Renovated open area of Swadhar Gruha
- New water tank installed for washing area
- Solar power system installed sponsored by Canfin Homes Pvt. Ltd
- Provided sewing machines to CCI, Swadhar and Old age home, Sponsored by Aditi Mallya Alluminai association

## Children Playing after school hours



## Children's play area



### **Committee meetings**

Committee meetings of BGMS were held regularly in online/Offline mode to discuss issues of importance and apprise the members of the activities.

#### Monthly Committee Meeting at BGMS



- AGM held on Sep 17<sup>th</sup> 2022.



**By Law Amendment**

BGMS Bylaw amended and registered with the District Registrar of the societies and with the income tax department. . Committee member Kavitha Paramesh drafted the new By-Law and was given a copy of the same to all members in the AGM. It was approved it by all members after due diligence



**Inspection:**

Regular inspections conducted by DCPO and CWC.



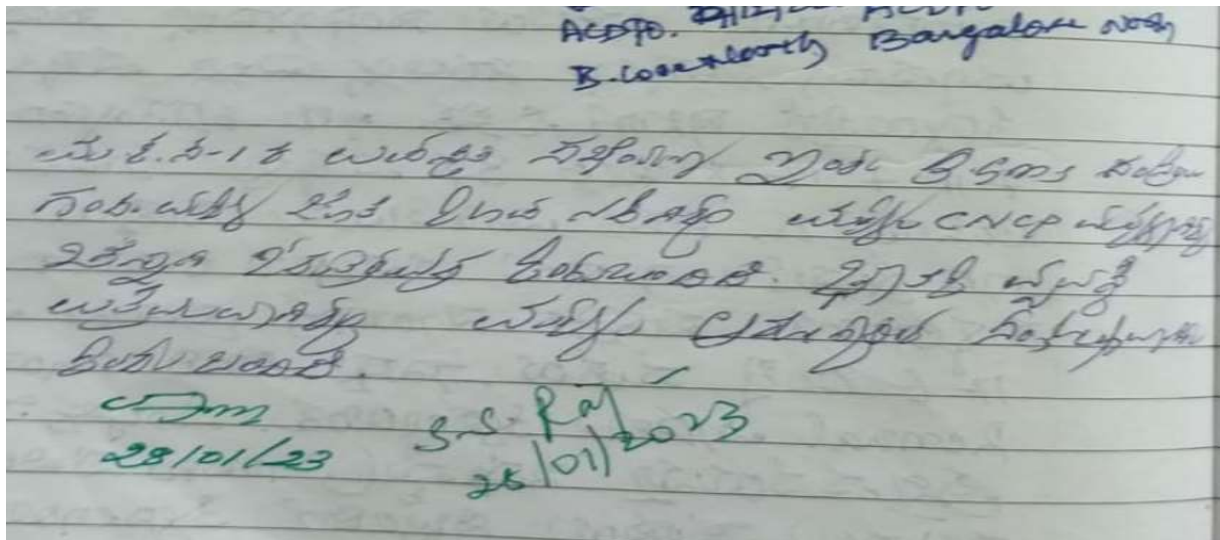
DCPO (District Child protection officer) inspected Boys hostels and files of children



DCPO inspecting Boys and girls hostels and files of children

**Inspection:**

CWC Committee 1 (Boys committee) members conducted inspection of all boys' files and interviewed boys.





## Training Programs

House Mothers (Wardens) attended training program organized by women and Child department from 1-3 march (3 days)



## Donors and Visitors

RBI Chief Guest Raju Subramanian, President Rtn Sugunan along with dignitaries from Rotary Bangalore visited BGMS. A brief introduction of BGMS was given by Ms. Prasanna chandri (July)



Liebherr Machine Tools India Pvt. Ltd MD Mr. Schuster visited BGMS ON 18<sup>TH</sup> July 2022. Mr. Ghanashyam Agarwalji and Members of Rotary Indiranagar were present



CSG MD Sudhanshu Pandey and Team (Aug 22)



Rotary Bangalore Indiranagar with Rotary district Governor on 5<sup>th</sup> Dec 2022



CanFin Homes DyGM Mr. Jyoshi and his team distributed 250 blankets to inmates on 17-12-22



## BGMS Shishukunj Vidyalaya

### SALIENT ACTIVITIES DURING THE YEAR 22-23

- School Remained closed for Summer Vacation during from 22nd April to 22 May.
- Admission process continued during the whole of May. 65 New admissions were taken in. Total Strength of the school is 299.
- SSLC Results for the academic year 2021-22 were announced on 19<sup>th</sup> May 22. 21 passed out of 22 Students. Top 3 students secured 94%, 90% and 88%.
- 22-23 School Academic year started on May 22.
- Pratham Infotech conducted Computer classes under their initiative e-learning for all. A full time computer teacher supported by Pratham infotech imparts computer education to children from 6<sup>th</sup> to 10<sup>th</sup> std. (as per the school syllabus ). They have also installed a smart TV for the benefit of children in the computer Lab
- JSSF started spoken English classes for 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> Std. Each class had 2 online sessions every week. Days scholars connected online from home and BGMS children attend together in the audio visual room. Children were taught Grammar, vocabulary and writing skills. A regular presentation and review sessions held for students to boost their confidence and proficiency.
- A bridge class organized for children with who needed special attention
- Regular awareness programs conducted by experts and corporate employees on various topics like Menstrual Hygiene Conducted by Sowmya Srikanth, Intestinal Health and Probiotics by Gopika Diwakar Vedic math by GE Electrical Team , Hygiene, Good Touch/Bad Touch by Rotary etc
- Yoga and other physical activities conducted regularly to boost immunity and keep children engaged
- Children celebrated international yoga day on 21<sup>st</sup> June 2022
- Administered Covid Vaccination for all students above 12 years on June 16<sup>th</sup> 2022.

- Eye screening camp was conducted by Shankara hospital on 20<sup>th</sup> June 2022.
- A day long extracurricular activities were conducted by CSG Systems International Pvt. Ltd (Our CSR donor for BGMS Shishukunj Vidyalaya) on 26<sup>th</sup> August 2022. The activities included Tree planting drive, awareness program, cultural program and other fun activities.
- Celebrated 75<sup>th</sup> Independence day . Mr. Jayaram Hoisted the Flag, Members of Rotary Bangalore Indiranagar, Members of Lions club Indiranagar and members of Seva Samithi attended the function
- BGMS Shishukunj Vidyalaya Hosted Cluster level sports events on 24<sup>th</sup> and 25<sup>th</sup> July. Children from nearby 7 schools have participated. BGMS Students also participated and excelled in many events and won medals.
- Hosted cluster level Pratibha Karanjee, (sports and cultural competitions for government schools ) on 15<sup>th</sup> Sep 2022. 660 children from 10 schools participated in various Extra Curricular competitions. BGMS Shishukunj Students also took part enthusiastically and won many medals.
- Rotary Taralaya – Planetarium on wheels was organized for children on 4<sup>th</sup> October. Event was organized by Rotary Bangalore Indiranagar
- GE Electricals team visited and donated stationeries and Groceries worth 60,000. They have also conducted awareness programs and fun activities for children.
- An art and crafts week was held from 11<sup>th</sup> November to 20<sup>th</sup> November. Children have shown their creative side and took part enthusiastically. Parents and donors appreciated the efforts by children.
- GSK award ceremony was held on 17<sup>th</sup> November and children who have excelled in the extra curricular activities were presented with awards.
- Self Defense session was conducted on 11<sup>th</sup> and 26<sup>th</sup> Nov 22. Rtn. Kavitha, Rtn Asha Vasawani and other rotaractors were present for the session
- On the eve of National girls day, Rtn. Ash Vaswani organised painting workshop for girl students on 24<sup>TH</sup> Jan 2023

- Class 6<sup>th</sup> Students visited Vishweshwarayya Museum. Sponsored and organized by Bhumi Foundation. Bhumi NGO volunteers also conducted after school teaching for children who needed special attention.
- Rotarian N. Balakrishnan of Rotary Bangalore Indiranagar started Science & Math classes Sundays for 10<sup>th</sup> std students
- Rtn. Kasturi Saravanan conducted career Counseling session on 5<sup>th</sup> Mar 2023 and guided students about various career options.
- SSLC Exams for 22-23 batch SSLC students started on 28<sup>th</sup> March. Exams will go on till 10<sup>th</sup> April 2022
- 5<sup>th</sup> and 8<sup>th</sup> std students wrote public exams between March 17<sup>th</sup> to March 28<sup>th</sup> introduced by government to assess the students level of education
- SA1 Examination conducted from 22<sup>nd</sup> 29<sup>th</sup> Sep 2022.  
SA2 Conducted between 5<sup>th</sup> March to 15<sup>th</sup> March 22.  
Formative assessments conducted 4 times a year

### **Pictures of Activities 22-23**

#### **Awareness program:**

Topic: Intestinal health and probiotics



## **Awareness Program by GE Electricals and Appliances :**

### **Topics**

- Soft Skills – Choosing Role Models
- Chess rules and tricks
- Introduction to Vedic maths.



### **Cluster level sports competition**





75<sup>th</sup> Independence day



Independence Day themed essay and painting competition.





Pratibha Karanjee – Children waiting to showcase their talent



Rangoli Competition



BGMS Children participated in Pratibha Karanje and won many competitions



Taralaya – Planetarium on wheels



Spoken English class presentation on 5<sup>th</sup> Oct 22. Students were evaluated by external Judges.

An art and crafts week was held from 11<sup>th</sup> November to 20<sup>th</sup> November. Children have shown their creative side and took part enthusiastically. Parents and donors appreciated the efforts by children.



GSK award ceremony was held on 17<sup>th</sup> November and children who have excelled in the extra curricular activities were presented with awards.



Self Defense session was conducted on Rtn. Kavitha, Rtn Asha Vasawani and other rotaractors were present for the session





Painting Workshop



Vishweshwarayya Museum Visit



Rtn. Kasturi Saravanan conducted career counseling session on 5<sup>th</sup> Mar 2023



Fun Activities

**Works Undertaken:**

School ground renovation - step by step









Interschool sports

Indoor play area repair work



## New classrooms construction



## Load Testing by Nitte Meenakshi college



## School classroom construction work

### **FACILITIES ADDED**

- New desks, benches and white boards
- 4 KW Solar power systems
- New Playground
- Indore Play area and TT
- Smart Class room

## **Swadhar Gruh– Short stay facility for women**

Swadhar Gruh for women approved by the department of Women and child development is started with the aim of providing residential facility for women in distress and who are without any social and economic support, who have suffered trauma and abuse at the hand of their husbands/in laws/others or who have suddenly find themselves without a home.

They will be provided with counseling, legal aid, guidance and vocational training to enable them to take steps for their readjustment in family /society

Vocational training includes various trades like tailoring, home nursing, cooking, computer training, beautician's course etc to rehabilitate them economically and emotionally. Training program is either in-house or they are sent to nearby vocational training centers depending on their choice/interest. Young inmates are encouraged to continue their formal education as well.

The main objective is to help them to rebuild and restart their life with new confidence and renewed hope.

Activities were conducted to keep them engaged. Awareness program and festivals were celebrated as usual.

Efforts were made to reconcile with families and our counselors were successful in reuniting the inmates with their families in many cases. Follow up calls were made regularly to find out their well being and online counseling is done on regular basis to help them to cope. Inmates who were without families were trained and helped to get employment as well. Counselors' are in regular touch with them.

Brief details about the admissions and activities conducted:

## Physical Progress Report 22-23

Month wise details of inmates of Swadhar Gruh: April 2022 to March 2023

Month	Previous Month			New Admission			Discharged			On Last Day		
	W	C	T	W	C	T	W	C	T	W	C	T
April	9	2	11	0	0	0	3	0	3	6	2	8
May	6	2	8	4	5	9	2	1	3	8	6	14
June	8	6	14	10	3	13	9	7	16	9	2	11
July	9	2	11	1	0	1	4	0	4	6	2	8
August	6	2	8	3	4	7	2	2	4	7	4	11
Sep	7	4	11	4	3	7	3	2	5	8	5	13
Oct	8	5	13	0	0	0	0	0	0	8	5	13
Nov	8	5	13	8	6	14	3	3	6	13	8	21
Dec	13	8	21	1	1	2	4	4	8	10	5	15
Jab	10	5	15	3	0	3	2	0	2	11	5	16
Feb	11	5	16	7	3	10	6	1	7	12	7	19
March	12	7	19	6	2	8	8	2	10	10	7	17
<b>Total</b>				<b>47</b>	<b>27</b>	<b>74</b>	<b>46</b>	<b>22</b>	<b>68</b>	<b>10</b>	<b>7</b>	<b>17</b>

### Strength

- Women supported – 56
- Children accompanying women – 29
- Discharged : 46 women and 22 children

Number of inmates as on Mar 31<sup>st</sup> 2023: 10 Women and 7 Children

### Resolution

- Reconciled with husbands/Family – 27
- Restored to parents – 4
- Employment provided – 3
- Moved out on their own – 12
- Regular counseling done for inmates and families concerned. In house Counselors and Joint Secretary Vijaya Lakshmi regularly guides inmates on various issues.

- Other than counseling inmates were helped to open Bank accounts, aadhar cards for them and their children, help to find employment, legal advice etc.
- Regular medical needs of women and children are taken care with the help of HAL Hospital. A burn victim was treated at Victoria Hospital, 2 inmates are being treated at NIMHANS. Their personal and medical needs are taken care at BGMS. Regularly rehabilitated those who were sent from Sweekar Kendra.
- During 22-23, BGMS Supported DCPO for rescued beggars with children. The drive was conducted twice and both times women and children were given shelter up to 50 days
- BGMS also provides overnight shelter for women who are brought by nearby Police stations.
- Vocational training like home nursing courses, beautician, computer training are offered to inmates.
- Shelter is also given to children of women who wish to leave children behind and work outside.
- Govt. auditing of account books of 21-22 of Swadhar Gruh expenses done

Activities:

Awareness: Sakhi Centre conducted a session on Hygiene for Swadhar inmates on 11 Oct 2022



Swami Vivekananda youth movement conducted ON 28-Dec- 22

1. HIV Awareness
2. TB

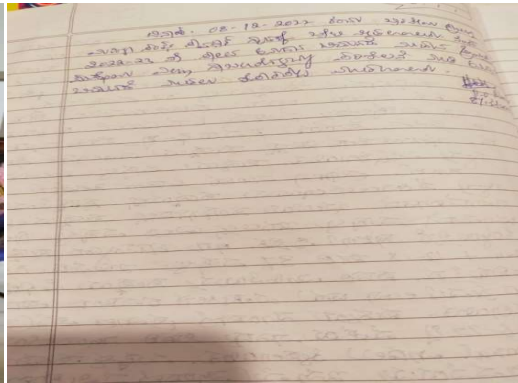


Recreational activities organized for Swadhar Gruh inmates included games, dance, talent show etc.



**Inspection:**

Swadhar Gruh inspection conducted on 8th Dec 2022



**Festival celebrated:**

All Major festivals are celebrated with active participation of Swadhar Inmates.

Women's day celebrated on 8<sup>th</sup> March at BGMS



## Anand Dham-Old Age home for women

BGMS provides old age home facility Anand Dham to help women senior citizens live with dignity. The old age home has been built with contribution from Jaishiv Shaki Foundation (JSSF) and Rotary Bangalore Indiranagar

### Facilities available

- 60 beds
- 2 sick rooms
- 8 toilet / bath rooms
- Kitchen
- Dining hall /Common area
- Prayer room
- 24 hrs Hot water.
- RO water
- TV
- News paper

### Strength

35 women inmates are housed in the facility

### Activities being conducted

- Bhajan time both morning and evening
- Yoga and exercise
- Able inmates are helping in the Kitchen, gardening, cleaning and other daily activities
- Outdoor Activities like gardening
- Picnic

### Medcial facilities

- Health care facility by HAL hospital including admission
- BP / Sugar check up in house
- Weekly doctor Visit and on call consultation by Dr Susheela Menon
- Free eye screening and cataract surgery for needy by Global Eye Hospital, Shankar Netralaya and HAL Hospital.
- Satsang program conducted on 26<sup>th</sup> October by Bhajan Mandali



- Rotary Club Abilities visited old age home on 28<sup>th</sup> Oct 2022. They spent time with elderly and donated groceries.



- Rotaractors conducted medical and dental camp on 8<sup>th</sup> March 2023



Medical camp conducted by Rotary Club J P Nagar on 20<sup>th</sup> Nov 2022. Mrs. Anathalakshmi coordinated the same.



## Fun Activities

BHUMI NGO organized fun activities to old age home inmates. Seniors enjoyed a fulfilled day which included drawing competition,



Fun activities – Musical chair

## **MAJOR DONORS 22-23**

- **Rotary Bangalore Indiranagar and Liebherr Machine tools Pvt. Ltd**  
Towards **Operational and Maintenance** cost of BGMS Shishukunj Vidyalaya
- **CSG Systems International (India) Pvt. Ltd**  
Towards **Operational cost** and funds for **building new classroom** and **Groceries**
- **Ultralife Batteries (Mr. B R Ganesh)**  
Staff welfare
- **Jayasheela Rao**  
Major donor for school extension building
- **HAL Hospital**  
Medical facilities for inmates

BGMS

## Thank you for making a difference

### Our special thanks to

- ✓ Department Women and child development
- ✓ Child welfare committee 1 and 2
- ✓ HAL Hospital
- ✓ Rotary Bangalore Indiranagar
- ✓ Liebherr Machine Tools India Pvt. Ltd
- ✓ CSG Systems International (India) Pvt. Ltd
- ✓ Ultra Life Batteries India Pvt. Ltd
- ✓ Jai Shiv Shakthi Foundation
- ✓ Studio 4A
- ✓ Abhaya Associates
- ✓ Sai Samithi
- ✓ Arya Samaj - Marathhalli
- ✓ Shankara Eye Hospital
- ✓ Global Eye Foundation
- ✓ Shopper's stop
- ✓ Adithi Alumni Association
- ✓ Mr. Siddanna, Jayaram, Lokesh, Chandra, Manjunath, Rangappa, Rajappa and all well wishers who were there for every crises.
- ✓ Thanks to all food sponsors and grocery donors round the year.